# Convenience service referrals.

**Real support for real life.**



**We get that you're constantly busy with a to-do list that's a mile long. And we're here to help. With our Convenience Services Referrals program, you'll have quick and convenient access to trusted local resources to assist you with your everyday needs.**

We'll connect you with a professional daily living consultant who will help you find what you're looking for. We offer qualified referrals on a range of topics, including:

**Community volunteering**

**Consumer issues**

(referrals to the Better Business Bureau® and other consumer protection agencies)

**Dining and entertainment**

**Emergency services**

(including domestic abuse support group referrals)

**Event planning**

**Home maintenance and repair**

**Relocation**

**Travel and recreation**

## We're here to listen. Contact us any day, anytime.

Call 877.622.4327 or visit myCigna.com®[2].
Employer ID: OCFFHT (for initial registration)

If already registered on myCigna.com, log in and go to the EAP link under the Coverage tab.

1. Employee assistance program services are in addition to, not instead of, your health plan benefits. These services are separate from your health plan benefits and do not provide reimbursement for financial losses. Customers are required to pay the entire discounted charge for any discounted legal and/or financial services. Legal consultations related to employment matters are excluded. Additional restrictions may apply. Program availability may vary by plan type and location, and are not available where prohibited by law.

2. App/online store terms and mobile phone carrier/data charges apply.

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