The "I need a preschool that opens at 7AM and stays open until 7PM" Program.

Real support for real life.



Whether you're a parent now or have hopes of being one someday, you have access to confidential resources, information and referrals for every age and stage. Best of all, it's all offered by your employer at no cost to you through your Employee Assistance Program (EAP).[1]

Take advantage of advice and support regarding these and other topics.

- Adoption
- Pregnancy and infertility
- Special needs
- Nursing your infant
- Family leave and returning to work
- Childcare, back-up care and sick child care
- Resources for all educational and developmental stages

We're here to listen. Contact us any day, anytime.

Contact us any day, anytime.
Call 877.622.4327 or visit myCigna.com®[2].
Employer ID:
OCFFHT
(for initial registration)

TTY/TDD users call 711

If already registered on myCigna.com, log in and go to the EAP link under the Coverage tab.

1. Employee assistance program services are in addition to, not instead of, your health plan benefits. These services are separate from your health plan benefits and do not provide reimbursement for financial losses. Customers are required to pay the entire discounted charge for any discounted legal and/or financial services. Program availability may vary by plan type and location, and are not available where prohibited by law.

2. App/online store terms and mobile phone carrier/data charges apply.

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